



August Summer Intensive 2022

Contemporary Division -August 22- August 26 Intermediate / Advanced Subject to change

| Time | Monday 22 | Tuesday 23 | Wednesday 24 | Thursday 25 | Friday 26 <i>Open For Parents To View</i> |
|------------------------|---|--|---------------------------|---|---|
| 10:00- 11:15pm | Conditioning & Contemporary Technique | Conditioning & Contemporary Technique | Ballet Technique | 10:00-10:30 Conditioning 10:30-11:30 Contemporary Technique | 10:30-11:30 am Contemp. Technique |
| 11:15- 12:00 pm | Contemporary Combos | 11:15 -11:30 Contemporary Combos 11:30-12:30 pm Composition | Allegro Ballet Work | 11:30-12:30 pm Latin Fusion Class | 11:30-12:30 pm Composition |
| 12:00pm 12:30 pm | Lunch | 12:30-1:00pm Lunch | Lunch | 12:30pm 1:00 pm Lunch | 12:30pm 1:00 pm Lunch |
| 12:30 1:15pm | Composition (Creation of Choreo) | 1:00-2:00 Ballet Class | Contemporary Technique | 1:00-2:30pm Jazz Workshop | 1:00-2:15 pm Ballet Technique |
| 1:30 pm 2:15pm | Ballet technique | 2:00-2:30 pm Ballet Combos | Composition | | |
| 2:30- 3:30 pm | | | | | <i>Dancer's Health Lecture on Injury prevention</i> |

On Friday August 26 we will have Parents Meetings , after the dancer's health lecture, that we recommend to the parents to attend.

